



Chushinkan Dojo

Iaido Kyu Exam Requirements

Aikido kata are from the Aikido Toho Iai and Shin Toho
All tests are cumulative; you must be able to perform all kata from previous ranks.

3rd kyu

Aikido Toho: Shohatto Maegiri

Uke Nagashi

Ushiro Giri

Shin Toho: Mae Giri

2nd kyu

Aikido Toho: Zengo Giri

Sayu

Tsuka Osae

Shin Toho: Zengo Giri

1st kyu

Aikido Toho: Tekubi Osae

Kawashi Tsuki

Tsukekomi

Shin Toho: Kiriage

Kyu Exam Prerequisite:
Recommendation from Nakayama Sensei