

# AAA Kunitachi

## Kunitachi No.1

Attack		Defense	
Yoi 1	Step back R foot into jodan (LH)	Yoi 2	Slide forward and lower bokken tip (RH)
1-1	Step forward, R foot and shomen (RH) kiai	1-2	Slide to left (L foot, R foot) cutting upward (RH)
2-2	Small step to left, L foot, block and step back R foot (LH)	2-1	Step forward L foot and gyakuyokomen (sim. shomen) (LH)
3-2	Step to right, R foot, block and step back L foot (RH)	3-1	Step to right, R foot, draw L foot behind and yokomen (RH) kiai
4	Slide back to chudan (RH)	4	Slide back to chudan (RH)
5	Return to original line	5	Return to original line

## Kunitachi No.2

Attack		Defense	
Yoi 1	Step back R foot into jodan (LH)	Yoi 2	Slide forward (RH)
1-1	Step forward R foot and yokomen (RH) kiai	1-2	Block (RH)
2-1	Step to left, L foot, draw R foot behind and gyakuyokomen (LH)	2-2	Step to left, L foot, block. Step back and to the left, R foot (LH)
3-2	Slide R foot to left and deflect (LH) blade up	3-1	Slide forward and tsuki (blade right) (LH) kiai
4	Step back to chudan (RH)	4	Step back to chudan (RH)
5	Return to original line	5	Return to original line

## Kunitachi No.3

Attack		Defense	
1-1	Step forward and left, L foot, and gyakuyokomen (LH) kiai	1-2	Step left, L foot, block and step back R foot (LH)
2-1	Step to right R foot, draw L foot behind and cut to left knee (RH)	2-2	Step forward R foot, step back L foot and block (RH)
3-2	Step back and to the left, R foot, and deflect, blade up (LH)	3-1	Flip attacker's bokken up and low tsuki (wrist) (RH) kiai
4	Step back to chudan (RH)	4	Slide back to chudan (RH)
5	Return to original line	5	Return to original line

## Kumitachi No.4

Attack		Defense	
1-1	Slide forward and tsuki (blade left) (RH) kiai	1-2	Slide to right rear (R foot, L foot) and strike opponent's bokken down (RH)
2-1	Step forward L foot and gyakutsuki (blade right) (LH)	2-2	Still maintaining contact with opponent's bokken, point tip down opposite side of bokken (lifting handle), step across line of attack with L foot, draw R foot behind and deflect, blade up (LH)
3-2	Slide to right rear, R foot, drawing L foot and deflect upward (LH)	3-1	Slide forward and tsuki (blade right) (LH)
4-2	Block and step back L foot (RH).	4-1	Step to right R foot, draw L foot behind and yokomen (RH) kiai
5	Slide back to chudan (RH)	5	Slide back to chudan (RH)
6	Return to original line	6	Return to original line

## Kumitachi No.5

Attack		Defense	
Yoi 1	Step back R foot into jodan (LH)	Yoi 2	Slide forward and lower bokken tip (RH)
1-1	Step forward R foot and shomen (RH) kiai	1-2	Slide to left (L foot, R foot) cutting upward (RH)
2-2	Small step to left L foot, block and step back R foot (LH)	2-1	Step forward L foot and gyakuyokomen (sim. shomen) (LH)
3-2	Step to right R foot, block and step back L foot (RH)	3-1	Step to right R foot, draw L foot behind and yokomen (RH) kiai
4	Slide back to chudan (RH)	4	Slide back to chudan (RH)
5	Slide forward together, bokken crossed low, then raise (RH), step forward L foot around partner, and pivot (RH)	5	Slide forward together, bokken crossed low, then raise (RH), step forward L foot around partner, and pivot (RH)
6-1	Step back R foot and cut to right knee (LH)	6-2	Step back R foot and block (LH)
7-2	Block and step back L foot (RH)	7-1	Step to right R foot, draw L foot behind and yokomen (RH) kiai
8	Slide back to chudan (RH)	8	Slide back to chudan (RH)
9	Instead of returning to original position, step to opposite side chudan (RH)	9	Instead of returning to original position, step to opposite side chudan (RH)

## Kumitachi No.6

Attack		Defense	
Yoi 2	Raise bokken into jodan (RH) Step back R foot jodan (LH) Turn body to right, move bokken to hasso (LH) Lower bokken to wakigamae (weight forward), then squat (LH)	Yoi 1	Raise bokken into jodan (RH) Step back R foot jodan (LH) Turn body to right, move bokken to hasso (LH) Lower bokken to wakigamae (weight forward), then squat (LH)
1	Step forward R foot and cut shomen waist high, bokken level (RH) kiai (ma-ai should be several inches between bokken tips)	1	Step forward R foot and cut shomen waist high, bokken level (RH) kiai (ma-ai should be several inches between bokken tips)
2-1	Raise bokken into jodan and start to slide forward with shomen (RH)	2-2	Thrust tip of bokken chest high blade to left (RH), then lower bokken
3-1	Slide forward and shomen (RH)	3-2	Step to left L foot, drawing R foot behind, and strike downward and holding above attacker's bokken (LH)
4-2	Step back R foot jodan (LH)	4-1	Slide forward and tsuki above attacker's head (LH)
5-1	Half step forward R foot and start shomen cut (RH)	5-2	Step to right, R foot, drawing L foot behind, and press bokken on attacker's left forearm (RH) to stop shomen cut
6-2	Walk to opposite side, then back to chudan (RH)	6-1	Still pressing on attacker's forearm, walk to opposite side, then back to chudan (RH)

### Notes:

*Content is from Nakayama Sensei's original notes, edited in 2009 to match AAA bukiwaza footage*

*L Left*

*R Right*

*LH/RH Left/Right Hanmi*

*Numbering e.g. 1-2 = first movement, second person to move,  
2-1 = second movement, first person to move,*